

Elder Law Today



SURPRENANT & BENESKI
Estate, Tax, Medicaid and Disability Planning

*We will be closed
Thursday November 26th and
Friday the 27th for Thanksgiving.*



*Happy Thanksgiving
from the entire staff at
Surprenant & Beneski, P.C.
Have a safe and happy holiday!*

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November, 2009

Crabby Old Man

What do you see nurse?...What do you see?
What are you thinking...when you're looking at me?
A crabby old man,...not very wise,
Uncertain in habit...with faraway eyes?
Who dribbles his food...And makes no reply.
When you say in a loud voice... "I do wish you'd try!"
Who seems not to notice...the things that you do.
And forever is losing...A sock or shoe?
Who, resisting or not...lets you do as you will,
With bathing and feeding...The long day to fill?
Is that what you're thinking? Is that what you see?
Then open your eyes, nurse...You're not looking at me.

I'll tell you who I am...as I sit here so still,
As I do at your bidding,...as I eat at your will.
I'm a small child of ten...with a father and mother,
Brothers and sisters...who love one another.

A young boy of sixteen...with wings on his feet
Dreaming that soon now...a lover he'll meet.
A groom soon at twenty...my heart gives a leap.
Remembering, the vows...that I promised to keep.

At twenty-five, now...I have young of my own.
Who need me to guide...And secure a happy home.
A man of thirty...My young now grown fast,
Bound to each other...with ties that should last.

At forty, my young sons...have grown and are gone,
But my women's beside me...but see! I don't mourn.
At fifty, once more,...Babies play 'round my knee,
Again, we know children...my loved one and me.

Dark days are upon me...My wife is now dead.
I look at the future....I shudder with dread.
For my young are all rearing...young of their own.
And I think of the years...And the love that I've known.

I'm now an old man...and nature is cruel.
'Tis jest to make old age...look like a fool.
The body, it crumbles...grace and vigor, depart
There is now a stone...where I once had a heart.

But inside this old carcass...A young guy still dwells,
And now and again...my battered heart swells.
I remember the joys...I remember the pain.
And I'm loving and living...life over again.
I think of the years...all too few...gone too fast.
And accept the stark fact...that nothing can last.
So open your eyes, people...open and see...

Not a crabby old man. Look close...see...ME!! —Anonymous

Mark Your Calendars For These Upcoming Events in November & December! Call 1-800-929-0491 To Reserve Your Seat!



Living Trust Seminar

All programs are from 6:30pm-8:00pm

Wednesday, November 11th (code: NBCC)

The New Bedford Country Club, 585 Slocum Road, North Dartmouth.

Wednesday, December 9th (code: NBCC)

The New Bedford Country Club, 585 Slocum Road, North Dartmouth.

Long Term Care Presentations, including Veteran Benefits

Thursday, November 5th (code: SEMA) 6:30pm-8:00pm

South Eastern Mass Health & Rehab, 4586 Acushnet Avenue, New Bedford.

Thursday, November 12th (code: OLH) 6:30pm-8:00pm

Our Lady's Haven, 71 Center Street, Fairhaven.

Thursday, December 3rd (code: Wamsutta) 1:30pm-3:00 and 6:30pm-8:00pm

The Wamsutta Club, 427 County Street, New Bedford

Long Term Care Presentations on the Cape

All Programs are from 1:30pm-3:00pm

Tuesday, November 3rd (code: Cape)

Cape Cod Island Association of Realtors Conference Center

22 Mid Tech Drive, West Yarmouth

Tuesday, December 8th (code: Cape)

Cape Cod Island Association of Realtors Conference Center

22 Mid Tech Drive, West Yarmouth

If you prefer, you can also register for our seminars on-line by going to: <http://www.the-sb-lawfirm.com/upcoming-events/long-term-care-planning-workshop> for long term care seminars
<http://www.the-sb-lawfirm.com/upcoming-events/revocable-living-trust-planning> for trust seminars.

Our New Web Site

We hope you enjoy the monthly newsletter and various seminars. We also have launched a new weekly ezine (electronic newsletter). You can register for it on line at www.the-sb-lawfirm.com/newsletter.

If you haven't had the chance to check out our new web site: www.the-sb-lawfirm.com please take a look at it and let us know what you think. We have a blog that we add new articles and tips to regularly. We offer tons of free useful guides to help you and your loved one protect yourself and your assets. We also have just about all our radio programs on the web site for you to listen to organized by topic. You can also register for an upcoming seminar on the web site. So if you or friend is struggling with taking care of someone our site probably has the information you need.

Elder Law Today is produced by Robert L. Surprenant, Daniel M. Surprenant & Michelle D. Beneski, Attorneys at Law. This newsletter is published as a service of Surprenant & Beneski, P.C., 35 Arnold Street, New Bedford Massachusetts 02740 and 336 South Street, Hyannis, MA 02601

10 Warning Signs of Alzheimer's Disease
Every 70 seconds someone is diagnosed with Alzheimer's disease. Do you know the 10 warning signs of Alzheimer's disease?

This list is put out by the Alzheimer's Association and you can get more information at http://www.alz.org/national/documents/checklist_10signs.pdf **Here are the 10 warning signs:**

1. Memory changes that disrupt daily life.
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks at home, at work or at leisure.
4. Confusion with time or place.
5. Trouble understanding visual and spatial relationships.
6. New problems with words in speaking or writing.
7. Misplacing things and losing the ability to retrace steps.
8. Decrease or poor judgment.
9. Withdrawal from work or social activities.
10. Changes in mood and personality.

If you are seeing these signs in your loved one the Alzheimer's Association recommends consulting a physician. Early diagnosis provides the best opportunities for treatment, support and future planning. Informal discussions indicate that a good treatment may come about in the next few years. If someone is diagnosed early and treated it may be that when the treatment comes along the person will still be able to benefit from it.

There are 5.3 million people living with Alzheimer's and that figure is expected to double every 20 years between now and 2050. If you or a loved one is experiencing the warning signs it's time to make sure your ducks are in a row. Order our free legal survival guide to Alzheimer's planning at www.alzlegalhelp.com.

The Southeastern Massachusetts Alzheimer's Partnership Will Be Presenting 3 FREE Seminars for Caregivers

A Panel of Professionals will offer caregivers information on the following topics:

<ul style="list-style-type: none"> • Elder Law • Reverse Mortgages • Alzheimer's Assoc Programs • Adult Day Health Programs 	<ul style="list-style-type: none"> • Home care services • Geriatric Care Manager Programs • Assisted Living Settings 	<ul style="list-style-type: none"> • Long Term Care • Hospice • State Agencies: Bristol Elder Services Coastline Elderly Services Old Colony Elderly Services
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**The Seminars will be held at the following sites:
(Light Refreshments will be served)**

<p>1. Alzheimer's Assoc. Office Village South Plaza 473 South Street, West U13 Raynham, MA 02767</p> <p>Wednesday, November 4 4pm-6pm RSVP Phoebe Worcester (508) 822-9200</p>	<p>2. Bay View Retirement Community 4380 No Main St, FR</p> <p>Saturday, November 14 9:30am-11:30am</p> <p>RSVP Sharon E. Martin (508) 679-0144 x 106</p>	<p>3. Fairhaven Council on Aging 229 Huttleston Avenue Fairhaven, MA 02719</p> <p>Wednesday, November 18, 2009 4:30pm-6:30pm</p> <p>RSVP Kathy Givens (508) 999-0404 x 247</p>
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