

The Alzheimer Association is sponsoring **Family Caregiver Phone Forums**. Providing care at home to someone with later stage dementia or Alzheimer's can be a tremendous challenge—exhausting and even overwhelming. To help ease the difficulties of family care giving, the Alzheimer's Association is offering a free four-part educational series, available by phone. Simply, register by calling toll free at 1-800-272-3900 M-F, 9-5. A week before each program you will receive confirmation information with the conference call-in number and handouts for the program.

Call in from the convenience of your home or office the day of the program.

Wednesday, 3/25 1-2pm More than Words: Communicating & Connecting

Wednesday, 4/15 1-2pm Practical Guide to Providing Home Care

Wednesday, 4/29 1-2pm Medical Management: Responding to Health Problems

Wednesday, 5/27 1-2pm Comfort and Care at the End-of-Life

The Alzheimer's Association encourages caregivers to register for all four programs!



Introducing:

ESTATES TO PLATES

Given the current economic crisis, our local food pantries are running at an all-time low shortage of supplies. More and more of our family members, friends, neighbors are out of work and cannot afford even the basics. Many times we think canned food drives are for just around the holiday season. The truth is, the need is year-round. Here at Surprenant & Beneski, P.C. we believe that little actions can make big differences in our communities. We ask that when attending one of our seminars or consultations that you bring a non-perishable/canned item with you. This is NOT mandatory but rather a free will donation. Donations can also be dropped off at our office on 35 Arnold Street, New Bedford, Monday-Friday 10am-5pm. All donations of canned goods will be collected and then dispersed to local food banks within the community. This canned food drive will be on-going.

(Page 1 article **What you need to know about the New Massachusetts Probate Code!** Continued)

If you are a client of Surprenant & Beneski P.C. our durable power of attorney and healthcare proxy meet all of the necessary laws. Your power of attorney should be updated every three to five years. You should also make sure your adult children and parents have these documents as well. We can help them with this if you have them call us for an appointment.

To set an appointment for a consultation, call our office at **508-994-5200**. We generally charge \$500 for a consultation but this fee will be waived if you mention this article. This information is for general informational purposes only and does not constitute legal advice. For specific questions you should consult a qualified attorney.

**Mark Your Calendars For These Upcoming Events in
April and May! Call 1-800-929-0491 To Reserve Your Seat!**



Living Trust Seminar*

All programs are from 6:30pm-8:00pm

Thursday, April 9th (code: NBCC)

New Bedford Country Club, 585 Slocum Road in North Dartmouth.

Thursday, May 7th (code: NBCC)

New Bedford Country Club, 585 Slocum Road in North Dartmouth.

Long Term Care Presentations, including Veteran Benefits*

All Programs are from 6:30pm-8:00pm

Thursday, April 16th (code: Sunrise)

Sunrise Assisted Living, 274 Slocum Road, North Dartmouth, MA.

Thursday, April 23rd (code: NBHCC)

New Bedford Health Care Center, 221 Fitzgerald Drive, New Bedford, MA.

Thursday, May 14th (code: Atria)

Atria Assisted Living, 391 Alden Road, Fairhaven, MA.

Friday, May 15th (code: BWNB)

397 Brandon Woods of New Bedford, County Street, New Bedford, MA.

Veteran Benefits Only Presentation*

6:30pm-8:00pm

Thursday, April 30th (code: Tremont)

The Tremont, 605 Main Street, Wareham, MA.

Long Term Care Presentations on the Cape*

Tuesday April 14th (code: Mashpee) 1:30pm-3:00pm

the Club at New Seabury, 95 Shore Drive West, Mashpee, MA.

Tuesday, May 12th (code: Mashpee) 6:30pm-8:00pm

the Club at New Seabury, 95 Shore Drive West, Mashpee, MA.

*As you may know, many of our local food banks are overwhelmed with requests. Many are running low or are empty. Together, we can make a difference to help fill their shelves. We ask that you bring one canned good or other non-perishable item with you to one of our free seminars. All donations will go to our local food banks. In advance, we thank you for support!